



The Healing Circle – Self, Family, Community and Mother Earth.

The Healing Circle is a conscious community space dedicated to inner freedom and outer productivity, through collaborative work that inspires us to transcend personal boundaries and co-create a better world for future generations. One of empowerment, peace and harmony, where each member plays the role scripted perfectly for our journey. The Healing Circle trust was founded and registered in 2010 by Jayashree Ashok and B Ashok.

Our Vision

A better and safe world for our children, where optimism, hope, joy and peace prevail through conscious living, spiritual science processes and sustainable lifestyle. Hence, bringing these into our lives, relationship and environment for a better future.

Our Values

THC believes in co-creating a better world of Consciousness and sustainability for future generations through abundance, love, respect and awareness.

What we do

The Healing Circle is a registered trust (Non-Profit) with ongoing work in the following areas:

- Holistic Health and Wellness using meditation and many natural methods.
- Holistic Education of children.
- Parenting and Counselling.
- Holistic programs for Children from all economic backgrounds.
- Programs for children and families with special needs.
- Afforestation and Organic Farming.
- Sustainable Living.
- Rain Water Harvesting.
- Renewable Energy.





Arogya Jyothi A Holistic Healthcare program for the economically challenged.

Well-being for all, irrespective of socio-economic status has been ingrained in the philosophy and actions of the Healing Circle Trust. Since its inception, we have offered support for physical, mental, emotional well-being of communities.

Arogya Jyothi aims to provide medical aid, holistic health care and well-being practices to people from the lower income communities, using Homeopathic medicines and Holistic healing modalities to aid mind-body-soul balance, completely free of charge.

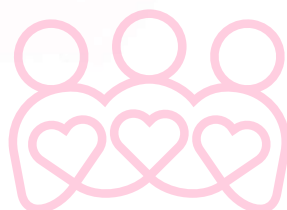
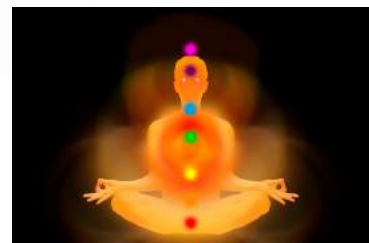
Services for the common good

- Medical consultations and wellness services by doctors and therapists
- Free homeopathic medicines from clinic
- Meditation and daily well-being exercises
- One-on-one sessions as required for Rebirthing breathwork and Energy Healing
- Education and wellness camp for health and hygiene

Benefits from this Programs

- Increased awareness on the significance of integrating healthy lifestyle and hygiene practices into daily living.
- Timely intervention and relief in existing medical conditions.
- Increased awareness of physical, mental, emotional and spiritual health
- Increased immunity
- Building communities where there is support for all strata of society.

Arogya Jyothi is an act of love. It is also our invitation to you, to become a messenger of health. Together we can co-create a healthy and interdependent society with the potential of self-healing and living.





Parijatha Learning Centre Support A Child Program

Creative School, a unit of The Healing Circle, is a registered holistic school, for children from the age group of 3 to 18, supports Parijatha Learning Centre (PLC)

PLC works towards educating and empowering children from socio-economically deprived families. Located in both North Bangalore and Doddaballapur campus, PLC runs a program under the name – Support A Child, currently caters more than 80 children, age between 2.5 to 16 years.

Under PLC , we have Chiguru and Moggu, a bridge school for children of migrant construction workers. Chiguru is the age group for 3-13 years, while Muggu is a creche facility for children between 1-3 years

PLC aims at addressing the child as a whole being – the physical, mental, emotional, social and spiritual being. In addition, it helps children realise their own potential by expressing and experiencing it fully in their unique ways.

How we are helping

- A sacred classroom environment that is aided by thoughtful and devoted environment of learnings
- Medical support by a dedicated team of doctors
- An integrated program for one-on-one approach for educational and emotional healing
- Opportunities to explore and experience different form of creative arts, visual arts, kinesthetics and sports, movement and dance, gardening with environmental engagement.
- Summer study programs and summer camps designed and delivered annually.

With a view of changing one life at a time, the team at PLC work closely with families to empower and build their inner beings. A constant quest to know more and know better assures us growth by the refinement of our methods and processes.





Surya Kiran

The Solar Energy Project

Solar Energy is a renewable and sustainable form of energy derived from the sun's radiation. It is a clean and abundant source of power that can be harnessed using various technologies to generate electricity and heat water or air.

The Healing Circle has set new standards of school architecture by embarking on sustainable construction, also known as Green Construction. This engages all involved with the economic, social and environmental impact of creating a usable structure.



Our Surya Kiran Project has been designed to be:

- environment friendly
- energy independence by reducing reliance on fossil fuels
- reduction in carbon footprint and pollution.



As part of initial trials, the existing Farm School is supported with 18KW of solar power for day-to-day operations. This does not cover the additional needs such as pumping of water, kitchen and STPs. The next phase of implementation requires the generation of 65 KW to cover the cafeteria, hostel blocks and science labs. Phased implementation is planned for the second half of 2023 with target completion by December 2023.





1000 Together A Green Initiative

Going hand in hand with education, we intend to take initiatives in water conservation, natural farming and renewable energy technology. Through 1000 Together we aimed to re-green Freedom Land, a drought-prone area that has experienced loss of green forests and drying of water sources. Over the past 5 years, we have planted over 14000 saplings primarily at Freedom Land and distributed close to 750 saplings to village community spaces.

1000 Together is an environmental program that was designed by THC as a means of conserving our environment with particular emphasis on schools and the communities around the Freedom Land.

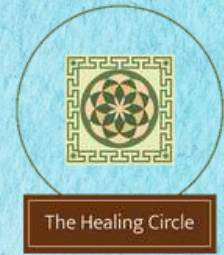
This program, amongst its various components, addresses issues on:

- health
- water conservation
- environmental awareness and tree planting
- growing organic fruits and vegetables in school

Under this program, we have distributed fruit-bearing, flower-bearing and flowering tree saplings to schools and children's homes in and around Kalkunte village. This gave us ample opportunities to re-greening the locality with a vision of an eco-friendly and sustainable future.



Be the Glimmer of Hope



The Oneness Temple

A sacred space for silence, meditation, introspection and connection with the Divine. It is a soul chamber where we can slow down gently to listen to our soul's voice, a space to align ourselves with the Divine Universal energies to carry out our purpose in life.

Venue:

Creative School
A unit of Healing Circle
Freedom Land
Kalkunte Village
Doddaballapur



Please click the following link
to make a contribution:

thehealingcircle.in/donate/onesstemple



Write to us or call on the contact listed below for CSR/Fundraising partnership:

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